

Ute Wagner

Psychologist, International Coach

Senior Consultant

A systemic approach, empathic presence and results-oriented elements define me and my approach to work. Seeing people and organizations as part of a living system that confronts us on a daily basis with intended and unintended consequences of our thinking, feeling and acting, continuously presents me with new and exciting challenges.

In my professional career I have lived and facilitated change and reflection at different levels. Over the years I have accumulated my experience and know-how from the fields of psychology, business, improvisational theatre, international training workshops in the USA and China, different coaching methods, my own leadership experience as well as twenty years expertise as a consultant that I keep developing further on a continual basis.

Together with the client organisation, I create, live and replicate the positive effects of respectful and open communication, the handling of resistance to change and the fostering of the sometimes unpleasant truth, which the organisation can then recreate by itself. A sound basis of mutual trust is the key element for recognising one's own limits and for transcending these limits or even risking leaving trodden paths behind without guaranteed success of the newly acquired habits.

The core of my work is based on guiding leaders and teams with a hint of optimism, creativity and consistently goal-orientated actions in their path to the future. It is my belief that creating long-lasting results requires a personal responsibility for sharing my acquired knowledge and expertise with others. I fulfill this responsibility in my role as a mentor for junior colleagues, by running „train the trainer“ workshops and by volunteering as a psychologist.

Working languages: English, German